

**BRUNO SACONI**  
Curriculum Vitae

**BUSINESS ADDRESS**

Geisinger  
Research, Population Health Sciences  
Department  
100 North Academy Avenue  
Danville, PA 17822-4400

Work phone: (570) 214-8191  
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**Research Overview:** Sleep and chronic pain symptom management, with a focus on the use of behavioral treatments among adults with obstructive sleep apnea (OSA) comorbid with chronic pain.

**Areas of Interest:** Sleep and sleep disorders across the adult life span, behavioral sleep interventions, and chronic pain.

**EDUCATION**

- 2018 – 2022 Ph.D., School of Nursing, University of Pennsylvania, Philadelphia, Pennsylvania (Major: Nursing)
- 2018 – 2022 M.A., The Wharton School, University of Pennsylvania, Philadelphia, Pennsylvania (Major: Statistics)
- 2016 – 2018 M.S., College of Nursing, The Pennsylvania State University, University Park, Pennsylvania (Major: Nursing)
- 2010 – 2015 B.S.N., Universidade de Brasília, Faculdade de Ceilândia, Brasília, Distrito Federal, Brazil (Major: Nursing)
- 2014 Non-degree exchange student, B.S.N. program. Arizona State University, Phoenix, Arizona

**PROFESSIONAL EXPERIENCE**

- 2016 Staff Nurse, Emergency Room. Hospital de Base, Brasília, Distrito Federal, Brazil
- 2015 – 2016 Instructor, English as Second Language, Mr. Lincoln Language School, Brasilia, Distrito Federal, Brazil
- 2014 Intern, Center for World Health Promotion and Disease Prevention, Arizona State University, Phoenix, Arizona

**ACADEMIC POSITIONS**

- 2022 – present Staff Scientist, Population Health Sciences Department, Geisinger
- 2020 – 2022 Analytic Consultant for Doctoral of Nursing Practice Students, School of Nursing, University of Pennsylvania
- 2019 – present Lecturer, School of Nursing, University of Pennsylvania
- 2018 – present Teaching Assistant, School of Nursing, University of Pennsylvania

**LICENSURE/CERTIFICATIONS**

- 2022 Certificate in College and University Teaching, University of Pennsylvania
- 2019 – present Pennsylvania RN license: RN714373
- 2016 – present Registered Nurse, Brazil

**HONORS / AWARDS / MEMBERSHIP IN HONORARY SOCIETIES**

- 2022 Penn Prize for Excellence in Teaching by Graduate Students. University of Pennsylvania
- 2022 Dorothy Mereness Award for Exceptional Ability in Scholarly Writing. School of Nursing, University of Pennsylvania
- 2021 Teaching Assistant Award. School of Nursing, University of Pennsylvania
- 2020 – 2021 Graduate Fellowship for Teaching Excellence. University of Pennsylvania, Center for Teaching and Learning
- 2020 National League for Nursing Education Scholarship
- 2020 Sigma Theta Tau International Honor Society for Nurses Inductee, XI Chapter, School of Nursing, University of Pennsylvania
- 2019 – 2021 Independence Blue Cross Foundation, Nurses for Tomorrow Scholarship
- 2019 – 2020 Doctoral Student Organization Chair (appointed). School of Nursing, University of Pennsylvania
- 2016, 2017 The Graham Endowed Fellowship. College of Nursing, The Pennsylvania State University
- 2014 Brazil Scientific Mobility Program, Scholarship recipient. Arizona State University, Phoenix, Arizona

**RESEARCH****Doctoral Dissertation**

Saconi, B. Positive Airway Pressure and Chronic Pain Outcomes in Veterans with Obstructive Sleep Apnea. Doctoral Dissertation Supervisor: Amy M. Sawyer, Ph.D., R.N.

### Current Funded Research Grants

- 2023 – 2025    Enhancing Positive Airway Pressure Adherence Among Spanish-speaking Hispanic Adults with Obstructive Sleep Apnea.  
**Principal Investigator;** Strategic Research Grant: Continuous Positive Airway Pressure Treatment for Obstructive Sleep Apnea. American Academy of Sleep Medicine Foundation \$250,000

### Past Funded Research Grants

- 2021 – 2022    Positive Airway Pressure, Obstructive Sleep Apnea, and Chronic Pain.  
**Principal Investigator;** Small Research Grant, Sleep Research Society Foundation. \$5,000
- 2021 – 2022    Positive Airway Pressure, Obstructive Sleep Apnea, and Chronic Pain.  
**Principal Investigator;** Office of Nursing Research, School of Nursing, University of Pennsylvania. \$5,000
- 2020 – 2022    The Association between Cognitive-Behavioral Factors, Obstructive Sleep Apnea and Chronic Pain Symptom Expression. **Principal Investigator;** Student Pilot Grant. Office of Nursing Research, School of Nursing, University of Pennsylvania. With co-I's Tang, N.K.Y. (University of Warwick - UK), Sawyer, A.M. \$5,000

### Selected Research Training – Graduate Level

- 2021 – 2022    **Research Assistant.** Supervisor: Amy Sawyer, Ph.D., RN, Associate Professor of Sleep & Health Behavior. University of Pennsylvania School of Nursing, Philadelphia, Pennsylvania  
 Project: PAP-associated Claustrophobia Survey Study in Adults with Obstructive Sleep Apnea
- 2019            **Research Assistant.** Supervisor: Peggy Compton, Ph.D., RN, FAAN, Associate Professor of Nursing. University of Pennsylvania School of Nursing, Philadelphia, Pennsylvania  
 Project: Effect of opioid taper on pain responses in patients with chronic pain
- 2018            **Independent Study – Clinical Observation & Research.** Supervisor: Julio Fernandez-Mendoza, PhD, CBSM, Associate Professor, Department of Psychiatry. Director, Behavioral Sleep Medicine Program. The Pennsylvania State University, Hershey Sleep Research & Treatment Center, Hershey, Pennsylvania  
 Topic: Behavioral management of sleep disorders from a clinical perspective
- 2017            **Independent Study.** Supervisor: Amy M. Sawyer, Ph.D., RN, Assistant Professor of Nursing. The Pennsylvania State University College of Nursing, University Park, Pennsylvania  
 Topic: The principles and practice of Cognitive Behavioral Therapy for Insomnia (CBT-I).

**Selected Research Training – Undergraduate Level**

- 2015      **Independent Study.** Supervisor: Marcia Cristina da Silva Magro, PhD, RN. Associate Professor of Nursing, Universidade de Brasília, Brasília/DF, Brazil  
Topic: The relevance of sleep as a basic human need in the critical care setting.
- 2014      **Independent Study.** Supervisor: Carol M. Baldwin, PhD, RN, CHTP, CT, NCC, AHN-BC, FAAN. Professor Emeritus; Southwest Borderlands Scholar; Deputy Director, WHO/PAHO Collaborating Centre to Advance the Policy on Research for Health; Past Director, Center for World Health Promotion and Disease Prevention. Arizona State University College of Nursing and Health Innovations, Phoenix, Arizona  
Topic: Translation of Sleep Training Educational Session for Portuguese Speaking Lay Health Workers
- 2013      **Research Assistant.** Supervisor: Djane Duarte Braz, Ph.D., Assistant Professor of Pharmacology, Universidade de Brasília, Brasília/DF, Brazil  
Project: Cellular receptor PPAR as a potential therapeutic target for the treatment of chemotherapy-induced peripheral neuropathy
- 2012 – 2013      **Research Assistant.** Supervisor: Otávio Toledo Nóbrega, Ph.D., Associate Professor of Pathology, Universidade de Brasília, Brasília/DF, Brazil  
Project: Association between allelic variations of Klotho anti-aging gene and cardiovascular risk factors in the very elderly (i.e. >80 years)

**PUBLICATIONS****Journal Articles: Research, Submitted for Publication/Under Review** [\*indicates data-based]

1. \*Watach, A. J., McPhillips, M. V., **Saconi, B.**, Lang-Gallagher, R., Melanie Lyons, M., Renz, S. M., Rosen, I. M., & Sawyer, A. M. (2022) Sleep Education is Relevant to Practice: Nurse Practitioner Student Focus Group Findings. (Submitted for Initial Review)

**Journal Articles: Research, Peer Reviewed** [Print or other media; \*indicates data-based]

1. \*Sawyer, A. M., **Saconi, B.**, Melanie Lyons, M., Lang-Gallagher, R., Renz, S. M., Watach, A. J., McPhillips, M. V., & Rosen, I. M. (2022). Case-based, Asynchronous Sleep Education Outcomes among Primary Care Nurse Practitioner Students. *Journal of Clinical Sleep Medicine* (in-press). (Impact factor 2020: 4.062)
2. \*Oh, J., Bonett, S., Kranzler, E., **Saconi, B.**, Stevens, R. (2022). User and Message Level Correlates of Endorsement and Engagement for HIV-related Messages on Twitter Health Communication. *JMIR Public Health Surveillance* (in-press). <http://dx.doi.org/10.2196/32718>. (Impact factor 2020: 4.11)
3. **Saconi, B.**, Polomano, R. C., Compton, P. C., McPhillips, M. V., Kuna, S. T., & Sawyer, A. M. (2021). The influence of sleep disturbances and sleep disorders on pain outcomes

- among veterans: A systematic scoping review. *Sleep Medicine Reviews*, 56, 101411-101411. <https://doi.org/10.1016/j.smrv.2020.101411>. (Impact factor 2020: 11.609)
4. Sawyer, A. M., Wallace, D. M., Buenaver, L. F., Watach, A. J., Blasé, A., **Saconi, B.**, Patel, S. R., Kuna, S. T., & Punjabi, N. M. (2021). Where to Next for Optimizing Adherence in Large-Scale Trials of Continuous Positive Airway Pressure?. *Sleep Medicine Clinics*, 16(1), 125–144. <https://doi.org/10.1016/j.jsmc.2020.10.007> (CiteScore 2020: 5.0)
  5. Watach, A. J., Xanthopoulos, M. S., Afolabi-Brown, O., **Saconi, B.**, Fox, K. A., Qiu, M., & Sawyer, A. M. (2020). Positive airway pressure adherence in pediatric obstructive sleep apnea: A systematic scoping review. *Sleep Medicine Reviews*, 51, 101273. <https://doi.org/10.1016/j.smrv.2020.101273> (Impact factor 2020: 11.609)
  6. \*Miyamoto, S., Henderson, S., Fazio, S., Greenwood, D., **Saconi, B.**, Thiede, E., Young, H. (2019). Empowering Diabetes Self-Management through Technology and Nurse Health Coaching. *Diabetes Educ.* Doi:10.1177/0145721719879421 (Impact factor 2020: 1.910)
  7. \***Saconi, B.**, Yang, H., Watach, A., & Sawyer, A. (2018). Coping Processes, Self-Efficacy, and CPAP Use in Adults With Obstructive Sleep Apnea. *Behavioral Sleep Medicine.*, 1–13. <https://doi.org/10.1080/15402002.2018.1545651>. PMID: 30477340. (Impact factor 2018: 3.171)
  8. \*Jang, J., Binda, J., Agarwal, P., **Saconi, B.**, & Choe, E.K. (2017). Fostering user engagement: Improving sense of identity through cosmetic customization in wearable trackers. In Proceedings of the 11<sup>th</sup> EAI International Conference on Pervasive Computing Technologies for Healthcare, ACM. Barcelona, Spain, May 23-26, 2017.
  9. \***Saconi, B.**, Silva, P.B., Souza, J.M.O, & Magro, M.C.S. (2016). Sleep as a basic human need in the scenario of a critical patient. *Journal of Nursing UFPE online [JNUOL]*. 10(12). Doi:10.5205/reuol.9978-88449-6-ED1012201609 – (Article in Portuguese)
  10. \*Paula, R., Souza, V., Machado-Silva, W., **Saconi, B.**, Daros, A., Gomes, L., . . . Nobrega, O. (2016). Serum klotho (but not haplotypes) associate with the post-myocardial infarction status of older adults. *Clinics*, 71(12), 725-732. doi:10.6061/clinics/2016(12)09. PMID: 28076518. (Impact factor 2017: 1.245)

#### Abstracts and Oral Presentations [\*indicates data-based, ∞ indicates peer reviewed]

1. \***Saconi, B.**, Sawyer, A. M., Melanie Lyons, M., Lang-Gallagher, R., Renz, S. M., Watach, A. J., McPhillips, M. V., & Rosen, I. M. (2022). Asynchronous Case-Based Sleep Education Outcomes among Primary Care Nurse Practitioner Students. American Thoracic Society (ATS) International Conference 2022. San Francisco, CA. May 13-18, 2022. Oral presentation.
2. \*Watach, A. J., McPhillips, M. V., **Saconi, B.**, Lang-Gallagher, R., Melanie Lyons, M., Renz, S. M., Rosen, I. M., & Sawyer, A. M. (2022) Sleep Education for the Nurse

Practitioner: Nurse Practitioner Student Focus Group Findings. SLEEP 2022, the 36th Annual Meeting of the Associated Professional Sleep Societies, LLC (APSS). Charlotte, North Carolina. June 4-8, 2022.

3. \***Saconi, B.**, Sawyer, A. M., Melanie Lyons, M., Lang-Gallagher, R., Renz, S. M., Watach, A. J., McPhillips, M. V., & Rosen, I. M. (2022). Asynchronous Case-Based Sleep Education Outcomes among Primary Care Master's Level Nursing Students. World Sleep Conference 2022. Rome, Italy. March 11-16, 2022. Abstract.
4. \*<sup>∞</sup>Greenberg, D., Ashburn, M., **Saconi, B.**, Polomano, R. (2020). Virtual Reality as a Mobile Treatment Platform for Chronic Pain: A Device Feasibility Study. IASP 2020 World Congress on Pain, Amsterdam, Netherlands, August 4-8, 2020. Cancelled due to Covid-19. Abstract.
5. \*<sup>∞</sup> **Saconi, B.**, Watach, A., & Sawyer, A.M. (2020). 0694 Positive airway pressure use in the context of total sleep time. *Sleep*, Volume 43, Issue Supplement\_1, April 2020, Pages A264–A265, <https://doi.org/10.1093/sleep/zsaa056.690>. Abstract.
6. \*<sup>∞</sup>Watach, A., **Saconi, B.**, Sawyer, A.M. (2020). 0705 High Incidence of Inadequate Health Literacy In Adults With Obstructive Sleep Apnea Is Not Associated With Positive Airway Pressure Use, *Sleep*, Volume 43, Issue Supplement\_1, April 2020, Pages A268–A269, <https://doi.org/10.1093/sleep/zsaa056.701>. Abstract.
7. \*<sup>∞</sup>**Saconi, B.**, Yang, H., Watach, A., & Sawyer, A.M. (2018). 0525 Coping Processes and CPAP Use Among Adults with Obstructive Sleep Apnea, *Sleep*, Volume 41, Issue suppl\_1, April 2018, Pages A196–A197, <https://doi.org/10.1093/sleep/zsy061.524>. Abstract.
8. \*<sup>∞</sup>Jang, J., Binda, J., Agarwal, P., **Saconi, B.**, & Choe, E.K. (2017). Fostering user engagement: Improving sense of identity through cosmetic customization in wearable trackers. In Proceedings of the 11th EAI International Conference on Pervasive Computing Technologies for Healthcare, ACM. Barcelona, Spain, May 23-26, 2017. Abstract.
9. \*<sup>∞</sup>**Saconi, B.**, Watach, A., Yang, H., Mogle, J., & Sawyer, A.M. (2017). Coping processes and CPAP use among adults with obstructive sleep apnea. Third Annual Sleep & Symptom Research Symposium. Yale University School of Nursing, West Haven, Connecticut, April 28<sup>th</sup>, 2017. Abstract.
10. \*<sup>∞</sup>**Saconi, B.**, & Magro, M.C.S. (2015). The relevance of sleep as a basic human need in the critical care setting. II Symposium of the Group of Integrated Studies - Education and Health Training: from the ideal to the real. Universidade de Brasilia, Brasilia, Brazil. November 20<sup>th</sup>, 2015. Abstract.
11. \*Nascimento, M.S., **Saconi, B.**, & Magro, M.C.S. (2015). Stratification of acute kidney injury in the postoperative period of cardiac surgery using the KDIGO scale. The 21<sup>st</sup> Congress of Scientific Initiation of the University of Brasilia (i.e. Universidade de Brasilia) and 12<sup>th</sup> Congress of Scientific Initiation of the Federal District. Universidade

de Brasilia, Brasilia, Brazil. October 26-29<sup>th</sup>, 2015. Abstract.

12. \***Saconi, B.**, & Nobrega, O.T. (2013). Association between allelic variants of Klotho anti-aging gene with classical cardiovascular risk factors in the elderly. The 19<sup>th</sup> Congress of Scientific Initiation of the University of Brasilia (i.e. Universidade de Brasilia) and 10<sup>th</sup> Congress of Scientific Initiation of the Federal District. Universidade de Brasilia, Brasilia, Brazil. November 4-8<sup>th</sup>, 2013. Abstract.

### Chapters in books or monographs

1. Watach, A. J., Xanthopoulos, M. S., Afolabi-Brown, O., **Saconi, B.**, & Sawyer, A. M. (2020). Dyssomnia. In A.C Modi & K.A. Driscoll (Ed.), *Adherence and Self-Management in Pediatric Populations* (pp. 379-408). Academic Press: Elsevier. <https://doi.org/10.1016/B978-0-12-816000-8.00016-5>

### Alternative Media [Other non-peer reviewed contributions to alternative communication formats]

1. **Saconi, B.** Sawyer AM (2019). Update: Sleep Disorders: Being Alert to Common Varieties. (January, 2019). Falls Church, VA: Gannett Healthcare Group. <https://www.nurse.com/ce/sleep-disorders/> [Accessed February 10, 2019].
2. **Saconi, B.** Sawyer AM (2018). Update: Insomnia: Sleepless in America (November, 2018). Falls Church, VA: Gannett Healthcare Group. <http://ce.nurse.com/course/ce426/insomnia-sleepless-in-america/> [Accessed February 10, 2019].

### Invited Presentations:

1. **Saconi, B.** (2017) Coping processes and CPAP use among adults with obstructive sleep apnea: a preliminary analysis. Sleep Research Conference. The Pennsylvania State University, University Park, PA: March 28, 2017
2. **Saconi, B.** (2016). The association of sleep and pain: an update and a path forward. Sleep Research Conference. The Pennsylvania State University, University Park, PA: November 29, 2016

## TEACHING

### Formal Classroom Teaching – Undergraduate Level:

Course Title: Statistics for Research and Measurement (N230), University of Pennsylvania (UPENN), School of Nursing (SON)  
 Role: Instructor of Record (100% responsibility)  
 Enrollment: 33 undergraduate students (2019), 73 students (2020)  
 Semester(s): Fall 2019, Fall 2020  
 Description: This is an introductory course examining statistical methods used by nursing researchers. The course content is delivered in the context of nursing research

and the measurement of healthcare phenomena. Students learn to interpret the statistical and clinical significance of research findings. In this course, students master statistical concepts including graphic presentation of data, descriptive measures of central tendency, distribution of data, inferential statistics, hypothesis testing, sample and population, reliability and validity, etc.

### **Formal Classroom Teaching – Graduate Level:**

**Course Title:** Data Analytics (N745), University of Pennsylvania (UPENN), School of Nursing (SON)  
**Role:** Course Director (100% responsibility)  
**Enrollment:** 58 Doctoral of Nursing Practice Students (2022)  
**Semester(s):** Fall 2022  
**Description:** This course approaches statistics from both applied and theoretical perspectives in order to develop an understanding of the ways that data are analyzed and reported. The course is situated in healthcare data analytics and the varied ways existing/new data is analyzed and results communicated. Focus is given to learning the appropriate application, including decision-making for analysis plan, and interpretation of statistical analyses. The course addresses data transformation, effect size and power analysis, clinical significance, parametric and non-parametric statistical tests including t-tests, analysis of variance, chi square, correlation, linear and logistic regression and other methods of analyses for continuous and categorical data. Emphasis is placed on understanding why statistical methods are chosen, developing a cohesive analysis plan, applying best practices for data preparation and management, executing an analysis and using statistical software programs, including conduct of analyses, review of output and interpretation using existing software programs.

### **Teaching Assistant Positions – Graduate Level:**

**Course Title:** Advanced Pharmacology for Nursing Practice (N790), UPENN, SON  
**Supervisor:** Heath D. Schmidt, PhD  
**Enrollment:** 104 graduate students  
**Semester(s):** Spring 2022

**Course Title:** Health Care Economics and Business Planning (N790), UPENN, SON  
**Supervisor:** Glenn Fuir CFA, CPA, CMA, CFM, Elizabeth Seeber, CPA, MBA, FHFMA  
**Enrollment:** 35 graduate students  
**Semester(s):** Fall 2021

**Course Title:** Nursing Informatics (N651), UPENN, SON  
**Supervisor:** Emilia Flores, Ph.D., RN, BSEng., Diane Humbrecht, DNP, RN-BC  
**Enrollment:** 50 graduate students  
**Semester(s):** Summer 2021

**Course Title:** Data Analytics (N745), UPENN, SON  
**Supervisor:** Amy M. Sawyer, Ph.D., RN, Associate Professor of Sleep & Health Behavior  
**Enrollment:** 30-35 graduate students  
**Semester(s):** Spring 2019, Spring 2020



Course Title: Introduction to Research Methods and Design (N637), UPENN, SON  
 Supervisor: Rosemary C. Polomano, PhD, RN, FAAN  
 Enrollment: 32 graduate students  
 Semester(s): Spring 2020, Summer 2020

Course Title: Pain Science and Practice (N636), UPENN, SON  
 Supervisor: Rosemary C. Polomano, PhD, RN, FAAN  
 Enrollment: 32 graduate students  
 Semester(s): Winter 2020

### **Teaching Assistant Positions – Undergraduate Level:**

Course Title: Statistics for Research and Measurement (N230), UPENN, SON  
 Supervisor: Karen B. Lasater, Ph.D., RN, Assistant Professor  
 Enrollment: 30-35 undergraduate students  
 Semester(s): Fall 2018

Course Title: Situating the Practice of Nursing (N102), UPENN, SON  
 Supervisor: Alicia G. Kachmar, PhD, RN  
 Enrollment: 105 undergraduate students  
 Semester(s): Spring 2021

Course Title: Community and Systems Response to Child Maltreatment (N466), The Pennsylvania State University College of Nursing, University Park, PA.  
 Supervisor: Sheridan Miyamoto, Ph.D., FNP, RN, Assistant Professor of Nursing  
 Enrollment: 35-40 undergraduate students  
 Semester(s): Spring 2017

### **Guest Teaching – Undergraduate Level:**

Course Title: Nursing of the Young and Middle-aged Adults (NURS 245), University of Pennsylvania (UPENN), School of Nursing (SON), Philadelphia, Pennsylvania.  
 Lecture Title: Sleep and Sleep Disorders in Adults (1h, 20min).  
 Dates: October 2, 2019 / February 26, 2020 / September 20, 2020 / March 2021 / September 2021

Course Title: Statistics for Research and Measurement (NURS 230), UPENN, SON, Philadelphia, Pennsylvania.  
 Lecture Title: Correlation in Research (1h, 30min).  
 Date: September 9, 2018

Course Title: Statistics for Research and Measurement (NURS 230), UPENN, SON, Philadelphia, Pennsylvania.  
 Lecture Title: Non-parametric Statistical Tests (1h, 30min).  
 Date: October 16, 2018

Course Title: Case Study: Sleep through the Life Span (NURS 351), UPENN, SON, Philadelphia, Pennsylvania.

Lecture Title: Coping processes, self-efficacy, and continuous positive airway pressure (CPAP) use among adults with obstructive sleep apnea (30min).

Date: October 30, 2018

### **MEMBERSHIPS IN PROFESSIONAL & SCIENTIFIC SOCIETIES**

- 2021 – present Member, World Sleep Society (WSS)
- 2020 – present Member, National League for Nursing (NLN)
- 2019 – present Member, International Association for the Study of Pain (IASP)
- 2019 – present Member, American Academy of Sleep Medicine (AASM)
- 2019 – present Member, Sleep Research Society (SRS)
- 2019 – present Member, Sigma Theta Tau International, Honor Society of Nursing – XI Chapter, University of Pennsylvania
- 2017 – present Member, American Association of Colleges of Nursing, Graduate Nursing Student Academy (AACN-GNSA)
- 2016 – present Member, Brazilian Nurses Association (ABEN)

### **SELECTED PROFESSIONAL ACTIVITIES**

#### National

- 2021 – 2022 Trainee Education and Advisory Subcommittee, Sleep Research Society
- 2021 SLEEP Meeting from the Associated Professional Sleep Societies (APSS), Scientific Conference Abstract Reviewer

### **SERVICE ACTIVITIES AT EMPLOYMENT/EDUCATIONAL SITE**

#### **University of Pennsylvania**

**Philadelphia, PA**

- 2019 – present Graduate Student Mentor, Peer-Mentoring Program. Mentor for incoming PhD students
- 2020 – 2021 Research Committee Representative, Doctoral Student Organization
- 2019 – 2020 Chair, Doctoral Student Organization
- 2018 – 2020 Graduate Resident Advisor at Harnwell College House
- 2018 – 2019 School of Nursing Representative, The Graduate and Professional Student Assembly Representative (GAPSA)
- 2019 Volunteer Nurse, United Community Clinic
- 2018 – present Secretary, Adventist Students for Christ

#### **The Pennsylvania State University, College of Nursing**

**University Park, PA**

- 2017 – 2018 Member, Diversity Enhancement Committee – College of Nursing and HHD
- 2017 – 2018 Graduate Student Mentor, Peer-Mentoring Program. Mentor for incoming PhD students
- 2017 – 2018 College of Nursing Delegate, The Graduate and Professional Student Association (GPSA)
- 2017 – 2018 President, Adventist Campus Ministry
- 2017 Planning committee member, 2nd Annual Life Sciences Symposium
- 2017 Volunteer, International Children’s Festival

**Arizona State University, Edson College of Nursing and Health Innovation      Phoenix, AZ**

- 2014 Volunteer, Learning Resource Center
- 2014 Member, Arizona State University Choral Union

**Universidade de Brasília      Brasília/DF, Brazil**

- 2013 Planning committee member, 74th Brazilian Nursing Week
- 2011 Information Desk Volunteer, Pediatric Emergency Unit, Hospital da Ceilândia